

# STANDARD SOLID WASTE MANAGEMENT SYSTEM IN CAMP

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The purpose of this document is to consolidate the set-up of proper waste management system in the targeted populations in camp and mobilize the resources available. The overall waste management system across Myanmar is still weak and the similar situation is also present in the targeted populations. The absence of public services, even in the surrounding host communities, rarely allows connecting camp waste management with waste collection system.

Moreover, almost all WASH agencies typically focus more on the water and sanitation than waste management in the onset of an emergency. The lack of knowledge of the targeted populations about the proper waste management and its negative impact on the health and surrounding environment accentuate even more the need to strongly tackle that issue.

Therefore, this document is to highlight the need and importance of waste management system and constitute an initial working platform for all WASH actors to improve or modify as necessary their future intervention. This proposed designed is considered applicable for Camp environment in both Rakhine and Kachin emergency.

This document is subjected to change based on the regular review and inputs from the field situation.

## Negative Impact of Solid Waste

Waste is produced every day and if left unattended, it can pose public health risks to the affected population and can have a detrimental impact on the environment such as breeding of the flies and rodents, polluting the surface and ground water sources, increase risk of flooding andfavour the infectious disease transmission. Moreover, the improper waste management can have long-term adverse effects on the environment and can cause air-borne, water-borne and vector-borne diseases.

#### At a glance on Solid Waste Managementsystem in emergency

The situation in emergency is considerably different in the urban and rural settings. In urban setting, there are existing solid waste management systems such as scavenging trucks for waste collection and communal waste collection points. Although the existing system is not without flawlessness (coverage, punctuality and improper dumping site etc.), there is a certain level of solid waste management system available in the urban setting especially in Kachin. In general, the main responsible department for the solid waste management is the township development affairs and there are gaps present in the existing system. As there is lack of detail analysis available on the performance of the existing solid waste management system, the main gaps generally range from the lack of knowledge, technical capacity and financial resources to the consistent policy at all levels (national, state, district, township and villages).



In rural setting, there are local customs to manage solid waste in the targeted population. The typical pattern is the burning of the solid waste and reusing the degradable waste as fertilizer and animal food. However, there is a total lack of proper management on the non-degradable waste products especially the plastics and other waste products (metal, glass, rubber and wood etc.) . The situation is totally managed by the local solutions which are generally non-systematic, non-sustainable and unsafe. Although the annual waste production rate is relatively small when compared with the urban setting, the majority of the population resides at the rural areas and hence, makes the problem worst. In conclusion, it is obvious that the solid waste management system is spontaneously addressed inadequately if not supported and re-organized with external support.

However, the most common interventions currently implemented are the distribution of household waste containers, collection points, dumping, waste disposal pit and incinerator. However, improvements are required throughout the solid waste management system. The following is the feasible standard waste management system in the targeted populations.



#### Figure 1 Flowchart of Solid Waste in Rakhine







#### Table 1 Feasible Standard Solid Waste Management system in the targeted populations

No.	Method	Benefits	Risks	Regulations
1.	Burning	Require no technical capacity No operation cost	Fire hazards Air pollution Health hazards to surroundings	Normally, burning of the waste is not allowed by law.
2.	Recycle/ reuse (paper, glass, plastic, metal, wood etc.)	Green method No or low operation cost Require no or low technical capacity Can gain small amount of profits Reduce the amount of waste products	Improper application may lead to adverse effects (eg. lead poisoning, needle stick injury etc.)	No regulations yet
3.	Landfill/Waste disposal pits	Low operation cost Require low to moderate technical capacity	High possibilities of ground water contamination Space requirement Health risk to the surroundings Sources for breeding vectors(rodents, flies etc.)	Approval for Land use may require. No regulations yet
4.	Incinerator	Require moderate to high technical capacity Moderate operation cost Require trained workers	Air pollution Health risk to the surroundings Improper application may lead to adverse effects. Eg. (Fire hazard)	No regulations yet
5.	Solid Waste Collection by Services from Township Development Affairs	Need continuing link with the authorities from township development affairs Low to moderate cost Require official requisition for every collection Only for urban area	Punctuality Infrequent collection may overflow the solid waste	May need to pay (tax)for the services.

A number of interventions are defined to improve the current solid waste management system. The current interventions by WASH actors may need to have continuous monitoring and evaluation. Despite the lack of strong rules and regulations and lack of existing system in the targeted areas, WASH agencies should initiate to improve the solid waste management system to minimize the negative impacts on the environment. Although the level of implementation on the solid waste management system is greatly differ from one area to another, the solid waste management should be a priority in where there is high likelihood of prolonged settlement.



#### Table 2 Key interventions and activities for solid waste management

No.	Key interventions	Key activities					
1.	<ul> <li>Assessment on - Type and volume of household waste</li> <li>waste management - Mapping the waste disposal site</li> <li>Recycle/reuse mechanism</li> <li>Management on health care waste products</li> </ul>						
2.	Awareness raising on the waste management	<ul> <li>Develop the IEC materials</li> <li>Hygiene promotion activities</li> <li>Environmental cleaning campaign</li> </ul>					
3.	Household level waste management	<ul> <li>Distribution of waste containers</li> <li>Hygiene promotion activities</li> </ul>					
4.	Communal level waste management	<ul> <li>Construction of waste collection points</li> <li>Distribution of large waste containers</li> <li>Establish the waste collection mechanism/system (eg. pushcarts)</li> <li>Training of workers</li> <li>Construction of waste disposal pits or incinerators</li> </ul>					
5.	Health care waste management	<ul> <li>Reinforce the existing mechanism</li> <li>Expand the coverage</li> </ul>					

## Waste disposal pits

Waste which cannot be recycled or reused should be bury in a pit (waste disposal pit). Waste disposal pit is an easy and effective method of solid waste management system and can be used in the emergency situation. However, it is very important for any waste disposal pit to meet the minimum standard to ensure the health hazards and pollution are minimum. The volume and life span of waste disposal pit can vary depending on the type of soil, the ground water level, the available space and the volume of waste produced in a targeted population. The location of the waste disposal pits should be selected in consultation of the community. The following points are defined as guidance notes for a waste disposal pit (WDP).



• WDP should be located at least 20 m away from dwellings/kitchen areas.

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- The depth of the WDP should be well above the ground water level (at least 0.5 metre).
- WDP should be fenced around to prevent children and animal entering the pits, to prevent the risk of falls.
- The base of the WDP should be sealed with clay or impervious rock where there is increase risk of ground water contamination.
- WDP should be covered with lid or compacted with a 0.3 metre layer of soil for every 0.6 thickness of waste.
- The rim/edge of the WDP should be elevated from the ground level to prevent surface water runoff. Keep earth mound.



## Figure 1Waste Disposal pit (Side View)

## Incinerator

The use of incinerator is recognized as an appropriate solution for solid waste management in this protractile nature of conflict and is recommended for the contaminated dry waste products such as soiled clothing, syringes, needles and other health care products. The use of incinerator should be limited to the contaminated dry waste products where possible. The following design and BOQ of the incinerator developed by Save the Children is proposed asthe standardized MyanamarWASH cluster design to be replicated. The cost of incinerator is around 1900 USD. The approval for Land use should be obtained from the local authorities. The location should be defined after consultation with the community.



The current design can incinerate 20 kg of dry waste per hour and run 12 hours per day for daily. The solid waste is collected by waste management team (5 waste collectors per 1 incinerator). One incinerator currently covers 60-70 shelters. There are 2 waste collecting containers per shelter. The waste is collected by push carts. The collected waste is separated at the incinerator compound by the waste management team. The non-solid waste is then buried in the waste disposal pit in the incinerator compound and the separated waste is then dried under the sunlight. Then, the operator put the waste into the incinerator. The waste collectors are paid 2000 MMK for one shift (6 hours in 1 shift). However, further discussion is still required to understand the coverage of one incinerator.



Figure 4 Incinerator (Base of Chimney)



## Figure 5 Incinerator including chimney (Side views)



Figure 6 Incinerator (Isometric View)



Figure 7 Incinerator Compound (Plan view)

Incinerator ( $5' \times 7' \times 15'$ ) with roofing ( $8' \times 12' \times 12'$ ) and fencing ( $25' \times 25'$ )



Figure 8 Incinerator compound (Isometric view)



## Table 3 Bill of Quantity (Incinerator)

No.	Particular	Quantity	Rate (MMK)	Per	Amount (MMK)	Amount (USD)	Remark
1	Cement	34	6600	bag	224400	236	Incinerator
2	Sand	2	15000	sud.	30000	32	Incinerator
3	Gravel	1	75000	sud.	75000	79	Incinerator
4	Brick (Fire resistant brick)	4000	90	no.	360000	379	Incinerator
5	Broken brick	2	25000	sud.	50000	53	Incinerator
6	1/2" fire bar (iron)	200	400	ft	80000	84	Incinerator
7	1/4" Iron coin	20	2000	viss	40000	42	Incinerator
8	18 G binding wire	1	3000	viss	3000	3	Incinerator
9	14 G bi di i14 G binding wire	33	3000	iviss	9000	9	Incinerator
10	2" x 2" Iron Square Mesh	3	40000	roll	120000	126	Incinerator
11	Iron door (1'10" x 1'4" x 2") with handle and hinge	1	6000	no.	6000	6	Incinerator
12	Iron door (2'10" x 1'8" x 2") with handle	1	10000	no.	10000	11	Incinerator
13	concrete footing (1.5' x 1.5' x 2')	6	4000	no.	24000	25	Incinerator
14	Concrete post (7')	26	4000	no.	104000	109	Incinerator
15	4" x2" x9' x (2 nos) timber4 x 2 x 9 x (2 nos) timber	0.02	300000	ton	6000	6	Incinerator compound
16	4" x 2" x 6' x (2 nos) timber	0.013	300000	ton	4000	4	Incinerator compound
17	3" x 3" x 8' x (19 nos) timber	0.19	300000	ton	57000	60	Incinerator compound
18	3" x 3" x 10' x (2 nos) timber	0.025	300000	ton	7500	8	Incinerator compound
19	3" x 2" x 12' x (6 nos) timber	0.06	300000	ton	18000	19	Incinerator compound
20	3" x 2" x 10' x (6 nos) timber	0.05	300000	ton	15000	16	Incinerator compound
21	3" x 2" x 6' x (8 nos) timber( )	0.04	300000	ton	12000	13	Incinerator compound
22	3" x 1.5" x 8' x (5 nos) timber	0.033	300000	ton	10000	11	Incinerator compound
23	3" x 1.5" x 12' x (6 nos) timber	0.045	300000	ton	13500	14	Incinerator compound
24	3" x 1.5" x 10' x (6 nos) timber	0.038	300000	ton	11250	12	Incinerator compound
25	Zinc Sheet 10'	10	3500	sheet	35000	37	Incinerator compound
26	Zinc Sheet 7'	12	3000	sheet	36000	38	Incinerator compound
27	Plane Zinc Sheet	12	500	ft	6000	6	Incinerator compound
28	Nail + Roofing nail	2	3000	viss	6000	6	Incinerator compound
29	Bolt, hinge, handle	1	2000	pair	2000	2	Incinerator compound
30	2" borehole Handpump	1	100000	unit	100000	105	Incinerator compound
31	Mason	20	4000	person	80000	84	Labour for construction
32	Carpenter	12	3000	person	36000	38	Labour for construction
33	Worker	50	2500	person	125000	132	Labour for construction
	Total				1715650	1806	
	Contingencies 5 %		85783	90			
	Grand Total		1801433	18,960			
	Approximated amount			1800000	19,000	USD	



The following design of incinerator can also be considered as an appropriate temporary solution for solid waste management especially in the areas where there is difficult to get land approval or limited space. The following design can also be used as a mobile unit of temporary waste reducer where it is not possible to construct a more permanent incinerator. However, the volume of the waste can be handled by this temporary waste reducer is limited and thus, it should be aimed to provide this type of incinerator for every 15 shelters.







6. Entrance with door - Pair of pincers and wire

7. Drainage channel

## Figure 10 Temporary Incinerator with compound (Isometric view)

Description	Quantity	Unit	Estimated	Currency	Estimated	Currency
			Unit Price		Total	
					Price	
Brick	4000	pcs	65	MMK	260,000	MMK
cement	17	Bags	8,600	MMK	146,200	MMK
Sand	270	Bags	450	MMK	121,500	MMK
Gravel	80	pcs	1400	MMK	112,000	MMK
wood (pyinkado) (5"x5"x10ft)	6	pcs	35200	MMK	211,200	MMK
wood (pyinkado) (5"x5"x13ft)	2	pcs	48000	MMK	96,000	MMK
wood (in-kanyin) (5"x2"x15ft)	7	pcs	8800	MMK	61,600	MMK
wood (in-kanyin) (4"x2"x15ft)	12	pcs	6800	MMK	81,600	MMK
wood (in-kanyin) (3"x2"x18ft)	12	pcs	6000	MMK	72,000	MMK
wood (in-kanyin) (3"x2"x15ft)	15	pcs	5100	MMK	76,500	MMK
wood (in-kanyin) (2"x1"x15ft)	240	ft	150	MMK	36,000	MMK
wood (in-kanyin) (6"x1/2"x18ft)	12	pcs	3800	MMK	45,600	MMK
G.I Plain Sheet (8ft x4 ft )	3	pcs	11000	MMK	33,000	MMK
G.I Roofing Sheet (6 ft)	40	pcs	6600	MMK	264,000	MMK
Roofing Nail 2" with washer	3	viss	2200	MMK	6,600	MMK



Fencing Wire mesh (5ft width)	80	ft	2200	MMK	176,000	MMK
Angle flat M.S bar(2"widthx1.5ft)	8	pcs	1600	MMK	12,800	ММК
Bolts & Nuts (1/2"Diax6" length)	20	pcs	550	MMK	11,000	MMK
1/2"plain Washer	50	pcs	100	MMK	5,000	MMK
Bolts & Nuts (1/2"Diax 8" length)	3	pcs	700	MMK	2,100	MMK
Fire Brick (2.5"x4.5"x9")	200	pcs	450	MMK	90,000	MMK
Fire cement (25 Kg)	3	Bags	6600	MMK	19800	MMK
Angle Iron (1.25"x1.25"x3mm) M.S	70	ft	3000	MMK	210,000	MMK
'C " Channel(4"x2"x5mm) M.S	18	ft	4000	MMK	72,000	MMK
Flat Bar (1.5"widthx3mm thick)M.S	10	ft	700	MMK	7,000	MMK
M.S Sheet (5 ft x4 ft x3mm )	1	sheet	88000	MMK	88,000	MMK
M.S Round Bar (3/4" Dia)	10	ft	1700	MMK	17,000	ММК
M.S Round Bar (3/8" Dia)	30	ft	1100	MMK	33,000	MMK
M.S Round Bar (1/5" Dia)	30	ft	1400	MMK	42,000	ММК
Fire Proof Cloths (1.5 ft Wx3 ft l)	1	sheet	3300	MMK	3,300	MMK
Stainless steel wire rope (5 mm Dia)	160	ft	1650	MMK	264,000	MMK
4'' Turnbuckle	4	pcs	3850	MMK	15400	MMK
4'' M.S Hook	4	pcs	1650	MMK	6,600	MMK
6" Dia M.S Pipe (5.8Mx3mm t)	1	pcs	111000	MMK	111,000	MMK
1"M.S pipe (10 ft x 3mm t )	1	pcs	22000	MMK	22,000	MMK
4"M.S pipe (1 ft length)	1	pcs	5500	MMK	5,500	MMK
M.S Bolts & Nuts 4''length	24	pcs	440	MMK	10,560	MMK
4"M.S Plain Washer	48	pcs	30	MMK	1,440	MMK
Nail 4''	1	viss	2200	MMK	2,200	MMK
Nail 3.5''	3	viss	2200	MMK	6600	MMK
Nail 3''	2	viss	2200	MMK	4400	MMK
Nail 2.5"	2	viss	3300	MMK	6,600	MMK
Nail 1.5"	1	viss	3300	ММК	3,300	MMK
Primer Paint (Red Oxide ) (5 ) Gal	2	Can	55000	MMK	110,000	MMK
			Total Amount		2,982,400	MMK



For the operation of the incinerator, the following steps should be applied:

- Remove the ashes of the previous cycle via the ash door and discard them in the residues pits.
- Open the loading door and put some paper, cardboard and other combustibles (e.g. dry firewood, dry coconut shells). Some kerosene can be added as well to ease the lighting of the fire.
- Light the paper and cardboard through the ash door. Once the light takes off, close the ash door
- Put a small batch of soft waste via the loading door when the fire is burning well.
- Close the loading door immediately. Add combustibles when the fire is dying.
- Keep monitoring the combustion and add small batch of soft waste.
- Let the fire die out by itself. Repeat the cycle as mentioned above.

## Main Findings & Lesson Learned

This section will be updated after the thorough review on the current level of solid waste management system.

## Recommendations

- 1. The need and importance of the solid waste management system should be advocated at the State, District and Township level.
- 2. A capacity building/technical workshop should be conducted together with the government to find out the most appropriate and sustainable solutions for the solid waste management system for the IDP/community.
- 3. Awareness raising about the solid waste management through the hygiene promotion activities should be done at the IDP/community level.
- 4. WASH implementing agencies should mobilize more resources for the solid waste management activities.
- 5. Assessment on the current waste management system (type, volume, handling, collection, disposal, recycling and treatment) should be done.
- 6. Good practices from the IDP/community should be encouraged and the weakness from the good practices should be evaluated and modified accordingly. For example, coating animal feaces and leaves debris to the piece of wood to be used as firewood.
- 7. Simple low-cost waste management system should be set-up and operated to minimize the negative impact on the health of the IDP/community and environment.
- 8. WASH Cluster and all WASH actors should explore on how to build up the involvement of the private sector and to initiate opportunities for the small scale businesses.

## Reference Documents

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- 3. Paul Woodson, Solid Waste Disposal Fact Sheet, East Central University