





Ebola Awareness

7 October 2014

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EBOLA

WHAT IS IT?

- Ebola is real and can kill you
- Ebola is spreading in communities now
- Antibiotics do not kill Ebola
- **BUT getting immediate treatment at an Ebola centre increases the chance of recovery**





EBOLA

HOW DOES IT SPREAD?

Ebola is spread by direct contact

- To become infected, you must touch a sick person or their body fluids. People at highest risk are:
 - Family members
 - Healthcare workers
 - People attending funerals



Contact with **Dead bodies** can cause infection. **BE CAREFUL**

- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body





EBOLA SYMPTOMS

What does Ebola
feel like?





EBOLA

EARLY SYMPTOMS

Symptoms can start **2-21 days** (incubation period) after contact with an infected person or body



FEVER



MUSCLE PAIN



HEADACHE



WEAKNESS

EBOLA

LATER SYMPTOMS



VOMITING
May contain blood



DIARRHOEA
May contain blood



**RASH,
RED EYES**



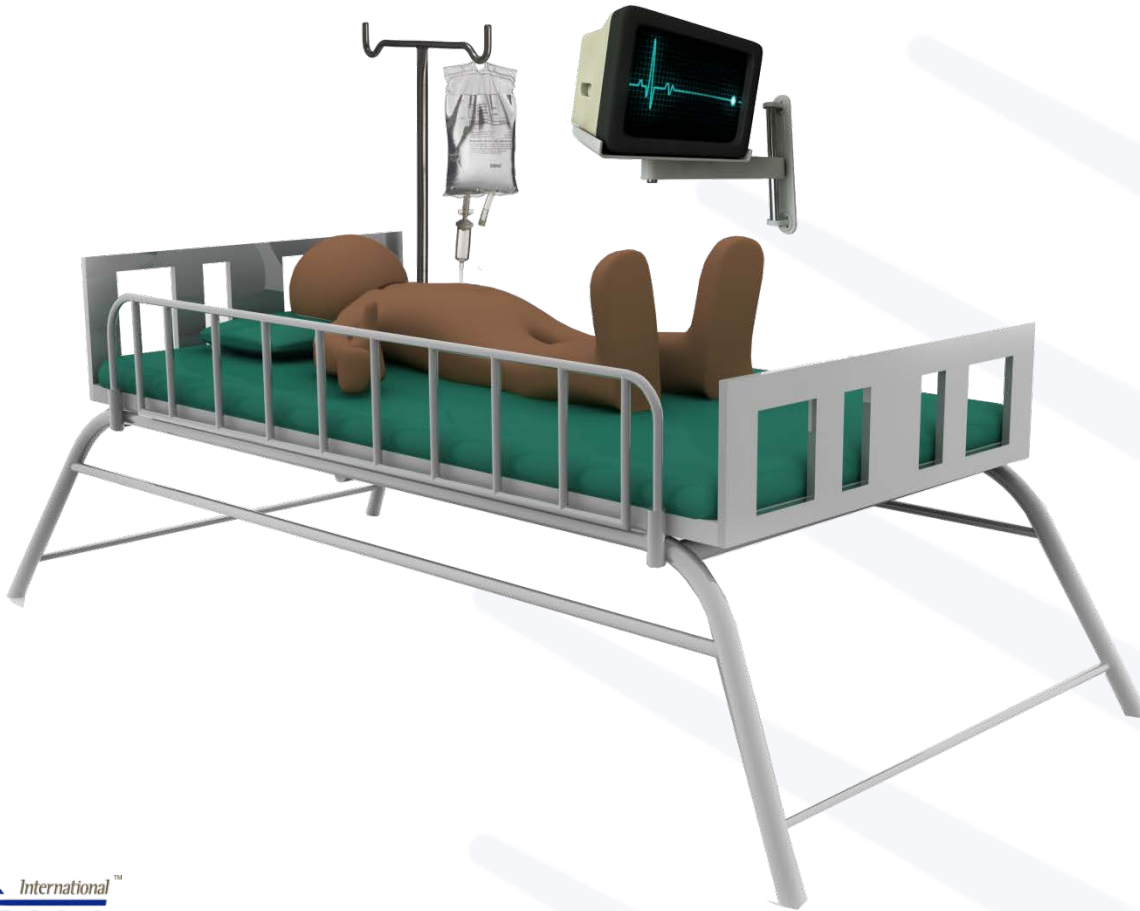
BLEEDING
(including from nose,
mouth, skin)

EBOLA

LATER SYMPTOMS



YOU CAN
BECOME
VERY SICK





EBOLA

DEATH IS COMMON

MANY PEOPLE WITH EBOLA DIE

BUT some people will recover –

**GETTING HELP immediately increases
the chance of recovery**





EBOLA PREVENTION

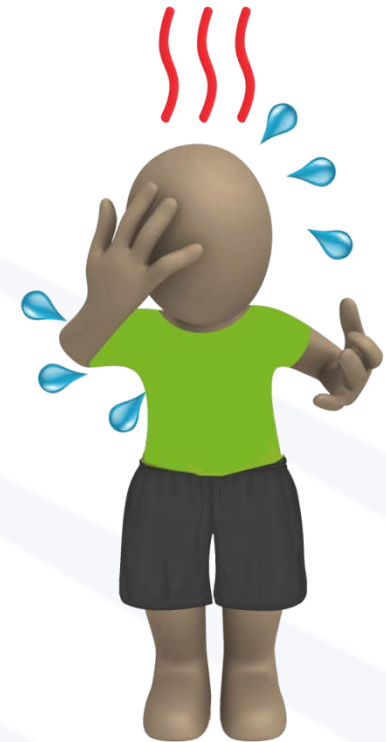
How **NOT** to catch
Ebola?



EBOLA
DON'T CATCH IT!



YOU CAN CATCH
EBOLA FROM
SOMEONE WHO IS
SICK OR
DEAD



KEEP AWAY.....



EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



BLOOD



VOMIT



**FAECES OR
DIARRHOEA**

EBOLA

DON'T TOUCH!

Do not touch an infected person or their body fluids



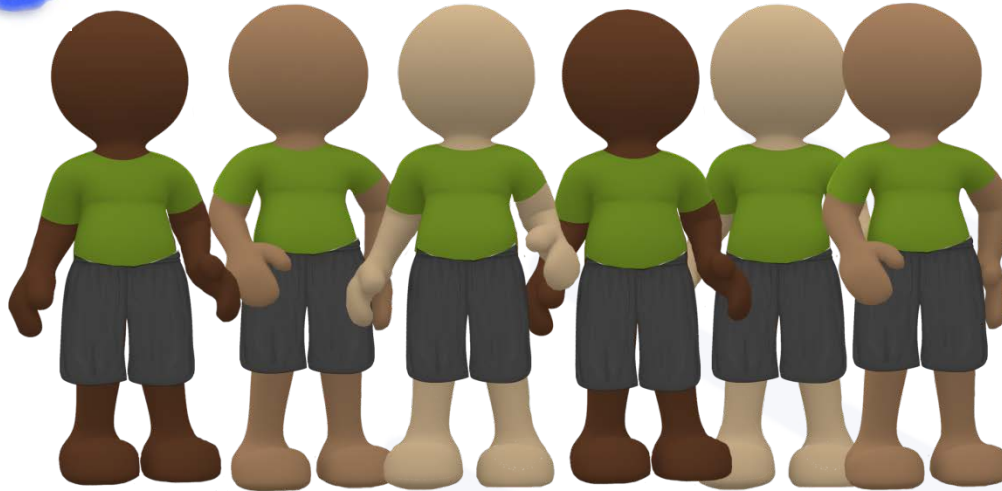
BODY FLUIDS



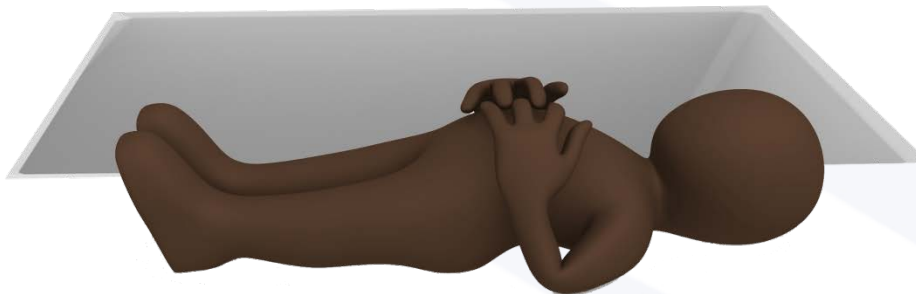
URINE

EBOLA

DON'T TOUCH!



Dead bodies carry the virus. Bury carefully. Keep away.



DEAD BODY

EBOLA PREVENTION



Ebola can live on surfaces for hours, even for several days

Regularly clean things people touch

Use diluted household bleach according to the instructions

EBOLA PREVENTION



WASH YOUR HANDS OFTEN
Use SOAP





EBOLA

PREVENTION



EBOLA is in animals and bats too.

- **Only eat well cooked meat**
- **Avoid forest animals that are sick or found dead**
- **Avoid bats and bat meat**





EBOLA

WHAT TO DO!

If you get sick



EBOLA

WHAT TO DO

If you develop these symptoms...



FEVER



MUSCLE PAIN



HEADACHE



WEAKNESS



VOMITING

May contain blood

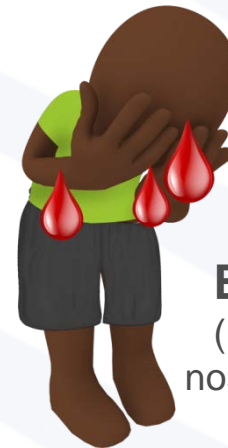


DIARRHOEA

May contain blood



**RASH,
RED EYES**



BLEEDING
(including from
nose, mouth, skin)



EBOLA

WHAT TO DO

**If you touched a
sick person or
their body fluids**



EBOLA

WHAT TO DO



GET HELP EARLY!

Call your medical centre and tell them what has happened

Listen to the advice. You may be sent to a special hospital

Don't let anyone touch you

Be especially careful of your vomit and diarrhoea

Getting assessed and treated immediately at Ebola centres increases the chance of recovery



EBOLA

MORE INFORMATION

For more information
visit
www.international SOS.com/ebola

