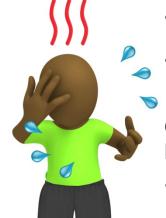
EBOLA



WHAT IS EBOLA AND HOW DOES IT SPREAD?

- Ebola is real and can kill you
- Ebola is spreading in communities now
- To become sick, you must have DIRECT CONTACT with a sick person or their body fluids





- Antibiotics do not kill Ebola
- Get immediate treatment at an Ebola centre.
 This increases the chance of recovery

Contact with dead bodies can cause infection. BE CAREFUL (Bury carefully. Keep away)

- DO NOT wash, touch or kiss dead bodies
- DO NOT wash hands in the same bucket as others who have touched the body



Most at risk are:

- Family members
- Healthcare workers
- · People attending funerals

WHAT ARE THE SYMPTOMS OF EBOLA?

Symptoms can start 2-21 days after contact with an infected person or body

Early Symptoms







uscle Headach



Headache Weakness



Late Symptoms



Vomiting

May contain blood



Diarrhoea

May contain blood



Rash, red eyes



Bleeding (Including from nose, mouth, skin)

PREVENTION OF EBOLA AND WHAT TO DO



Fever

You can only catch EBOLA by touching someone who is sick or dead, their body fluids, or things they have touched

- Wash your hands regularly use soap!
- Regularly clean things people touch
- DO NOT touch an infected person or their body fluids, including blood, vomit, faeces, urine

EBOLA is in animals and bats too

- Only eat well cooked meat
- Avoid forest animals that are sick or found dead
- Avoid bats and bat meat

If you are sick or you touched a sick person or their body fluid:

- Call your medical centre
- Listen to the advice.
 You may be sent to a special hospital
- Don't let anyone touch you
- Be especially careful of your vomit and diarrhoea

Getting assessed and treated immediately at Ebola centres increases the chance of recovery





This poster has been developed for educational purposes only and is correct at the time of publication. It is not a substitute for professional medical advice. Should you have any guestions or concerns about any topic in the poster, please consult your medical professional.