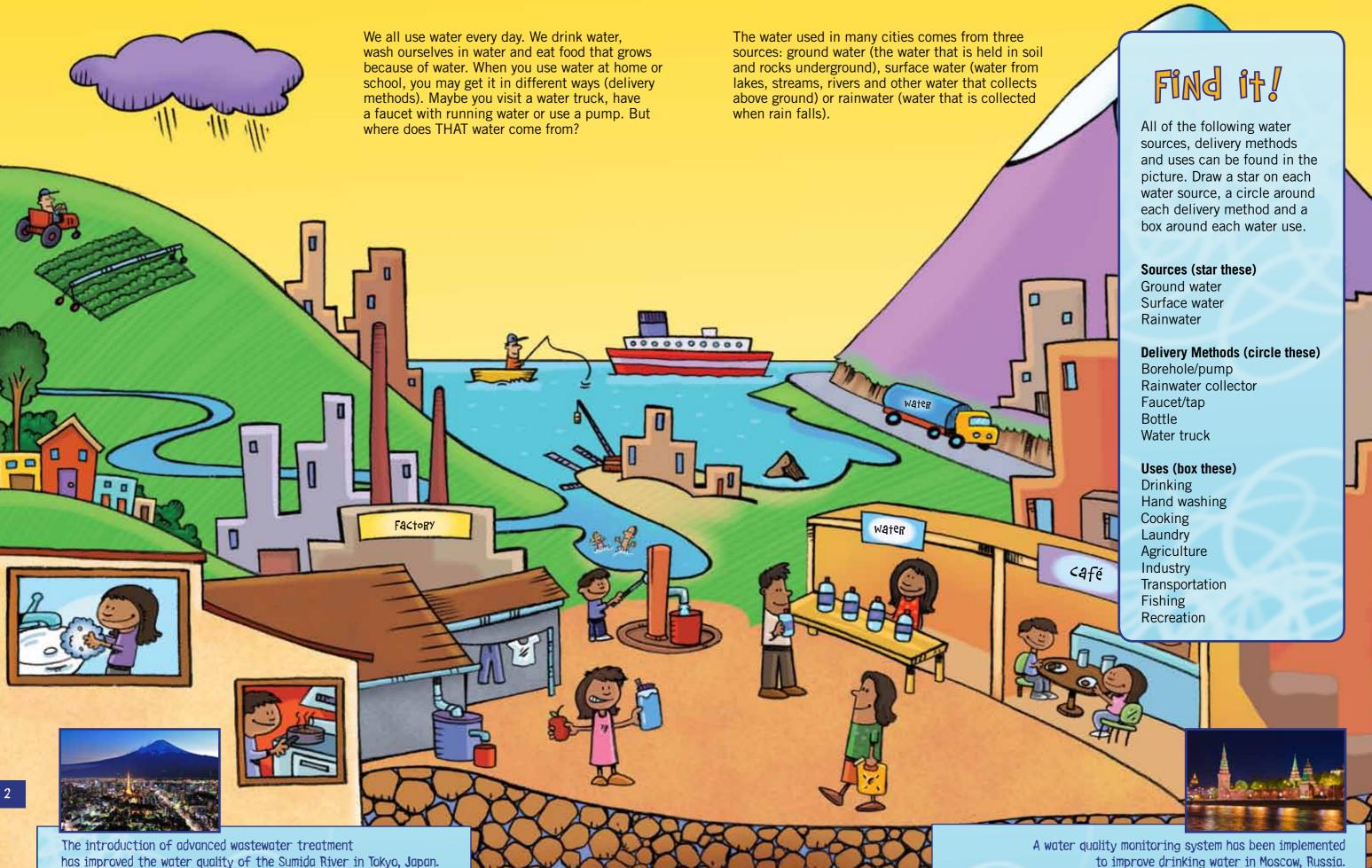
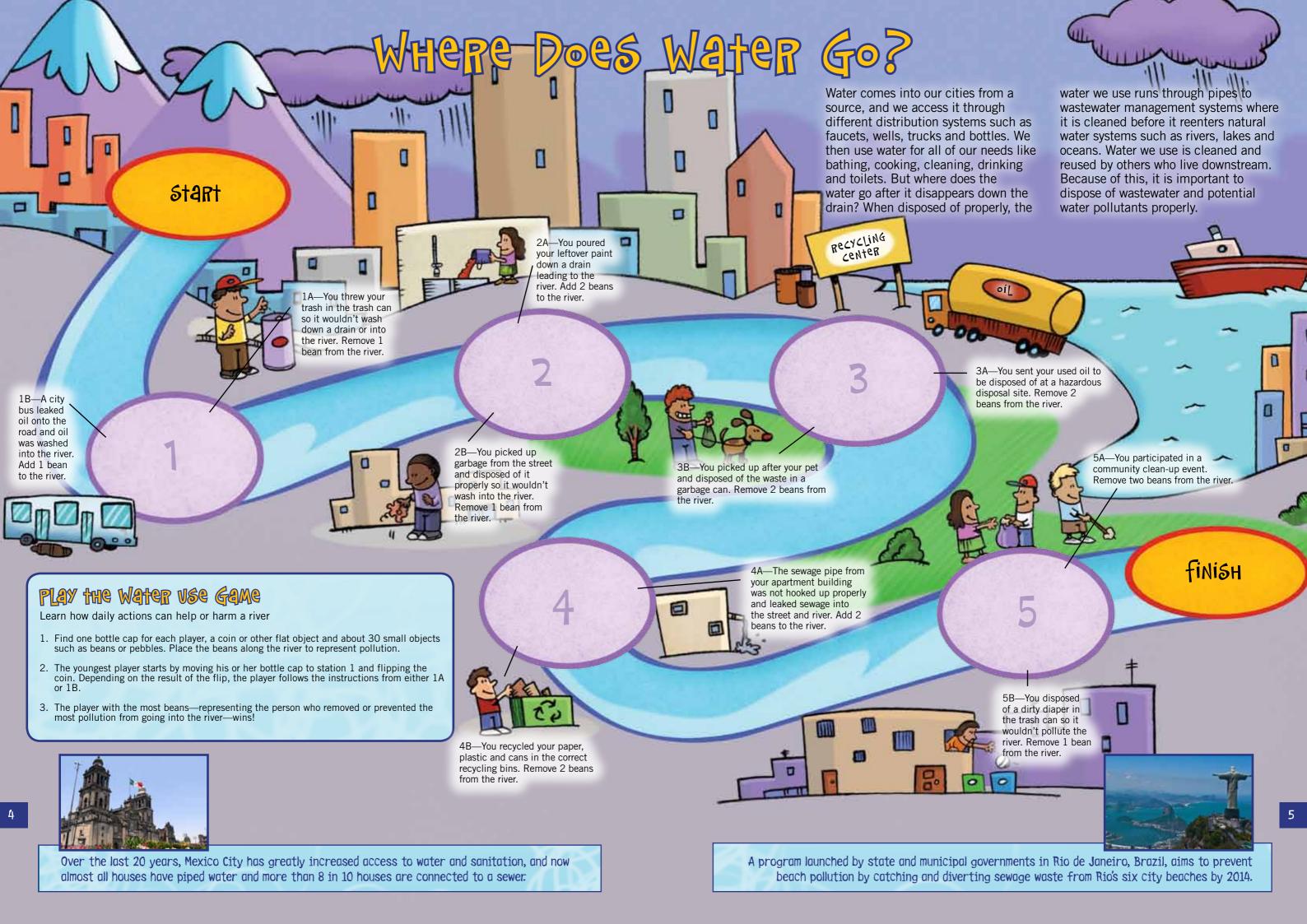


## Where Does Water Come From?





# Water and Health: Habits That Help

You probably know that you need water to stay healthy, but did you know that water needs YOU, too? Just as water helps your body work when you drink, or helps clean germs off when you wash your hands, you

can help water by keeping it clean and protecting it from pollution. The habits in this picture will help keep you and your water safe and healthy. Fill in the blanks using the word bank to learn the healthy habits.

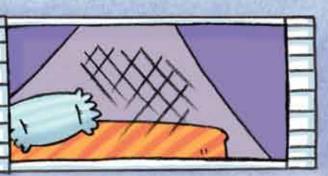
### word bank

purify soap
recycle pollutants and
teeth insects
face storm water
animal waste water

garbage receptacle mosquito net

When you \_\_\_\_\_\_water before you use it, you make sure it is safe for you and your family.

When you \_\_\_\_\_\_ your trash, you allow it to be reused and keep it out of local waterways.



When you cover your water

from getting into the tank.

tank, you prevent

When you sleep, a \_\_\_\_\_\_ over your bed will protect you from mosquitoes that grow in standing water.



When you keep oil, paint and other garbage out of \_\_\_\_\_ and from going down a storm drain, you help keep water clean.

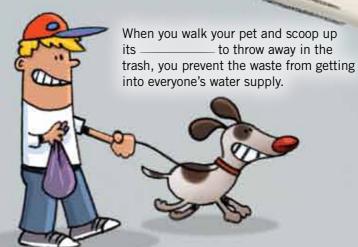
When you turn off the water

when brushing your you save water.



When you wash your \_\_\_\_\_ with soap and water, you can help prevent eye diseases.

The local water utility in Sydney, Australia, first introduced a water conservation program in 1995. Today, the city uses about the same amount of water as it did in the 1970s—even though 1.3 million more people live there.



When you wash your hands with \_\_\_\_\_\_ and \_\_\_\_\_\_, you clean off germs.



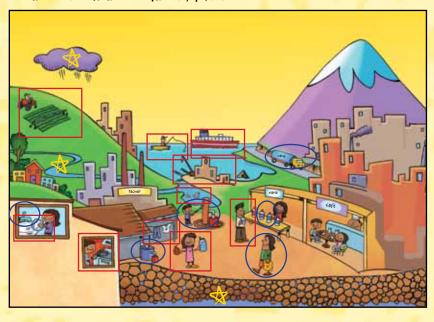
The Nile River provides 95 percent of water in Egypt, including in its capital, Cairo.

To protect the river, the government in 2012 launched a campaign to remove illegal buildings from which pollutants flow into the river.

7



#### WHERE does water come from?, pages 2-3



#### water and health: Habits that help, pages 6-7

When you cover your water tank, you prevent pollutants and insects from getting into the tank.

When you turn off the water when brushing your teeth, you save water.

When you put your garbage in a garbage receptacle, you keep it out of local waterways.

When you keep oil, paint and other garbage out of storm water and from going down a storm drain, you help keep water clean.

When you sleep, a mosquito net over your bed will protect you from mosquitoes that grow in standing water.

When you wash your face with soap and water, you can prevent eye diseases.

When you walk your pet and scoop up its animal waste to throw away in the trash, you prevent the waste from getting into everyone's water supply.

When you <u>purify</u> water before you use it, you make sure it is safe for you and your family.

When you recycle your trash, you allow it to be reused and keep it out of local waterways.

When you wash your hands with soap and water, you clean off germs.

### Water and Sanitation in Cities



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Mission: To reach children, parents, educators and communities of the world with water education. We invite you to join us in educating children about the most precious resource on the planet — water. www.projectwet.org

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